

IN-HOUSE SLEEP STUDIES

At Touchpoints Rehab, our Pulmonology collaborative program offers sleep medicine consultation and sleep studies. Patients are able to receive treatment for pulmonary disease and have a sleep study, analyzed by a sleep specialist, all without leaving the skilled nursing center.

Sleep disordered breathing broadly comprises obstructive sleep apnea, when upper airway instability causes mechanical obstruction to breathing; and central sleep apnea, characterized by an absence of ventilatory effort.

An overnight sleep study, known as a polysomnogram, under the supervision of a sleep study specialist is considered the gold standard for diagnosing sleep disordered breathing. Patients who report snoring, excessive daytime sleepiness or fatigue, and poor sleep quality should have their sleep assessed by a formal sleep study.

Touchpoints Rehab uses the ARES Watermark device (pictured) for Sleep Studies and is one of only a few skilled nursing centers to provide this service in the State of Connecticut.



NONINVASIVE VENTILATION SUPPORT

Many people will picture ventilators as large industrial pieces of equipment that would seem out of place anywhere but a hospital. But the Trilogy Ventilator is scarcely larger than many common CPAP machines, and indeed can easily fit on bedside table or hooked to a rolling cart.

Touchpoints Rehab utilizes the Trilogy brand Noninvasive Ventilator for patients in need of positive airway pressure for comfort and to help treat a wide variety of serious respiratory conditions and pulmonary disease processes.

Noninvasive ventilators administer ventilation support through a mask and this machine offers portable volume and pressure support, with BiPAP technology. The use of Trilogy machine ensures a smooth, effective transition from the acute care setting to home and helps avoid hospital readmissions.

Touchpoints' Care Transitions Respiratory Therapist will perform a patient assessment to determine appropriate follow-up needed, provide onsite training and education in the nursing facility and will design a follow-up plan for each patient based on the level of care, compliance, and family involvement.

