

# PULMONARY REHABILITATION SERVICES

At Touchpoints Rehab centers we recognize that proper respiratory function directly impacts the quality of life and ability to conduct normal daily activities with ease.

**Our Pulmonary Rehabilitation Program features care and therapy designed to treat and manage respiratory illnesses such as:**

- Emphysema
- COPD (Chronic Obstructive Pulmonary Disorder)
- Cystic Fibrosis
- Bronchitis
- Pneumonia
- Lung Disease
- Asthma
- Tracheostomy Care
- Secretion Management
- Primary Pulmonary Hypertension
- Pulmonary Fibrosis
- Other obstructive or restrictive pulmonary-related diseases and conditions

**Our Pulmonary Program includes:**

- Initial and ongoing assessments from physical, occupational, respiratory and speech therapists up to 7 days per week.
- Rehabilitation with respiratory and physical therapists
- Board-certified pulmonologists
- Spirometry screening pre and post bronchodilator
- Six-minute walk / activity testing
- VEST Therapy
- Exercise and endurance training
- Oxygen titration
- Extensive patient and family education
- Case Management and discharge planning services



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Touchpoints Rehab pulmonary rehabilitation program is designed to bring continuity in pulmonary care from the acute hospital setting into the skilled nursing and rehab care setting.

Board certified pulmonologists Dr. John Rodgers and Dr. William Preskenis provide pulmonary care, sleep medicine and specialty consultation to the residents of the Touchpoints Rehab. This partnership will give our residents access to expert, individualized and clinically outstanding pulmonary care and sleep medicine in the short term rehab setting

## ABOUT THE PULMONARY TEAM

Dr. Rodgers and Dr. Preskenis are affiliated with Prime Healthcare and have been in practice for over 20 years respectively.

Dr. John Rodgers received his medical degree from the University of Connecticut School of Medicine and is board certified in pulmonary medicine. Dr. William Preskenis received his medical degree from Saint Louis University School of Medicine and is board certified in pulmonary and sleep medicine.

