

READY, SET, GO—FOR THE BEST.

Touchpoints' innovative approach to accelerated recovery is made possible by three steps:

1. PRE-BOOK

For patients scheduled for surgery, we make the process smoother and less stressful by encouraging you to tour our facility, familiarize yourself with its advantages, and book your short-term rehab before you enter the hospital.

2. PRE-HAB

Before your procedure we talk directly to your surgeon to ensure that we are aware of every detail about your condition. We also perform a physical assessment, which enables our therapists to identify how an individual uses his or her muscles, so that we may correct, reduce or eliminate inefficient, ineffective movement patterns.

3. REHAB

- ◆ Physical Therapy.
We address problems with skeletal, soft tissue, neurological, and medical disorders
- ◆ Occupational Therapy.
We promote independence by helping patients achieve success with activities of daily living.
- ◆ Speech Therapy.
We improve understanding and expression of speech and language, as well as treat swallowing disorders.

TOUCHPOINTS AT MANCHESTER

333 BIDWELL STREET
MANCHESTER, CT 06040

TEL: 860.533.3086
FAX: 860.645.4888

GET WELL. LIVE WELL. BE WELL.



WELCOME TO
TOUCHPOINTS AT MANCHESTER





"My Physical Therapist/Care Coordinator, did so many extra things to make sure my stay was comfortable and successful." ~A. Bloom



"My therapist made sure the information between the surgeon, the rehab staff and me, was comprehensive and complete." ~R. Weigart

Accelerated Recovery is the Point of Touchpoints

Individuals entering rehab are always unique, but their primary objective is most often the same—a return to health, home and what's important in your life, as soon as possible. At Touchpoints, we understand. Our innovative, personalized program is designed to accelerate the recovery process, so that you can Get Well, Live Well and Be Well, faster, better and with fewer challenges than any traditional rehabilitation program.

Personalized. Specialized.

The level of personal attention we provide not only sets us apart, but also sets patients on the fast track to recovery. We are more than therapists—we become your motivators, advocates and educators in helping you to regain your independence and maintain your quality of life. By customizing the care precisely for

each individual, we ensure each patient gets exactly what he or she needs. More comprehensive than similar programs, our involvement extends from before you arrive at Touchpoints and until you arrive back at home. And beyond. At every step and at every transition we take a personal interest in speeding your recovery.

Clinical Excellence, A Definitive Advantage

The expertise and competency of our staff is reflected in our high standards of care. Patients benefit from working one-on-one with rehab specialists up to seven days. In addition to taking advantage of the latest advancements and progressive protocols, our staff members have received special training in such important areas as Total Joint Rehabilitation. Through our innovative Pre-hab Program and Pre-booking process, we help minimize potential complications, while maximizing successful outcomes.

Complementing our team of therapists, each unit has designated physicians. To ensure that you receive comprehensive care, our Care Coordinator provides continuous oversight of our services.

Unparalleled Support for You, Your Family and Your Doctor

At Touchpoints, we reach out to everyone involved in your care and your life. Our therapists go so far as to accompany patients on post-operative visits with their surgeons to ensure that any and all issues are being addressed. Within 72 hours of your admission, we invite you and your family members to meet with our interdisciplinary team to discuss your personalized care plan. Ongoing communication with you and your loved ones helps build confidence as we help restore your health. Moreover, comprehensive discharge planning, which includes a home assessment and guidance on additional services and resources, ensures optimal safety and well-being at home.

Feel at Home, Even Before You Return There

It's hard to match the comforts of home, but we're unmatched at coming close to them. The small scale of our facility and the manner in which it is decorated lends a home-like atmosphere that is uncommon among rehab centers. In addition to providing you with an inviting, spacious room, we offer amenities such as WIFI access, individual flat-panel televisions and private phones to keep you in touch with friends, family and the outside world.

Discover the Difference

When it comes to accelerated recovery, no other program can touch us. Find out more about Touchpoints today by contacting 860.812.0788.

PRE-BOOK WITH TOUCHPOINTS



You're only two easy steps away from jumpstarting your recovery.

Step 1.

Have the following information handy:

- ◆ Name/Address
- ◆ Insurance information
- ◆ Hospital name
- ◆ Expected date of surgery
- ◆ Name of orthopedic surgeon

Step 2.

Contact a Touchpoints Admissions Specialist at:
860.812.0788.

We'll take it from there, and work directly with your physician and hospital discharge planner.

**Touchpoints**

GET WELL. LIVE WELL. BE WELL.

TOUCHPOINTS REHABILITATION & WELLNESS PROGRAM

PREHAB PROGRAM



Complimentary Prehab Program to Complement Your Speedy Recovery.

Our Prehab Program comes at no cost to you or your insurance company when you pre-book your stay at Touchpoints, but it brings many valuable benefits to patients receiving hip, knee and other joint surgeries or replacements. In addition to helping accelerate your rehab process, it helps reduce post-operative discomfort. So, it not only helps you get better results, but also helps you get home faster.

A Prehab Preview

During pre-surgery visits, we prepare for your recovery. You'll get to know us and our designated rehab staff, as well as receive an initial assessment and interview by a registered Physical Therapist. We'll work together to identify your individual goals and challenges,

determine your flexibility and analyze the mechanics of how you move and walk. We'll then discuss recommendations for pre-surgery treatment, which may include participation in exercise and movement-based training.

Find Out More

To learn more about our Prehab program or to schedule an appointment, please call:
860.812.0788.

Sometimes Exceptional Healthcare is FREE.



GET WELL. LIVE WELL. BE WELL.

TOUCHPOINTS AT MANCHESTER

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As Unique As Our Patients.

Our progressive, personalized approach to care enables your recovery to progress at a better pace. We also aim for better results. By bringing together all the expertise you need in one place, you are free to concentrate your energies on healing. We'll take care of you, as well as take care of everything—from customized treatment plans to coordinating care between our interdisciplinary team, patient and provider. Knowing that you are in the best possible hands makes us the best possible choice for all these services:

- ◆ Post-surgical care
- ◆ Physical therapy
- ◆ Complex medical care
- ◆ Speech therapy
- ◆ Orthopedic care
- ◆ Pain management
- ◆ IV therapy
- ◆ Occupational therapy
- ◆ Wound care

Find Out More

For complete details about how Touchpoints could benefit you, call **860.812.0788** to schedule a tour of our facility.

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TOUCHPOINTS REHABILITATION & WELLNESS PROGRAM